What to expect, what's included in our Hormone Replacement Therapy (HRT) Program

Step 1)
Fill out HRT Program New Patient Forms, submit forms, make an appointment with our receptionist.

Step 2)
Consultation with Dr. Barbara Lubin. She will go over your medical history, habits, symptoms, and individual hormone needs. She will order thorough blood panel and make sure your Mammogram, PAP, and PSA is up to date. If needed we can order your Mammogram (Female), PSA (Male), and schedule your PAP (Female). Follow up appointment will be scheduled at check out.

Step 3)
Follow up appointment. Dr. Lubin will go over your lab / test results. Personalized hormone treatment plan that will be customized for your individual needs. Nutritional & Supplement Recommendations will be provided. Your HRT program is ready to get started! We will monitor your progress and assess the need for any changes in your protocol with our ongoing monitoring and testing (if needed).

Female Patients: Your Mammogram (yearly) and PAP (every 2 years) must be up to date in order to get Pelleted or/and receive Hormone (testosterone/estradiol/progesterone) Prescription.

Male Patients: Your PSA Labs (yearly) must be up to date in order to get Pelleted and/or receive Testosterone Prescription.

Bioidentical hormone replacement is a unique practice and is considered a form of alternative medicine. Even though our physician is Biote certified and is a medical doctor, insurance does not recognize bioidentical hormone replacement as a necessary medicine. Bioidentical hormone replacement is not covered by health insurance in most cases. Insurance companies are not obligated to pay for our services (consultations, HRT Rx, insertions or pellets). We require payment at time of service. WE WILL NOT bill or communicate in any way with your insurance companies.

First Visit/Consultation - $165.00 (Included RMR Test) Follow up visits - $100.00
Female Pelleting - $375.00 (every 4 months) Male Pelleting - $650.00 - $700.00 (every 6 months)
All Rx Refills for HRT (RDT, CREAM, JEL, TROCHE) will be issued for 3 months (90 days) and require in office appointment for every refill.

We accept VISA, MC, DISCOVER, HSA, AND CASH PAY.

My signature on this document is an acknowledgment that I have read and understood the office policies and protocols.

Name: ***Signature:*** ***Date:***